

Fostering Wellbeing in Ministry

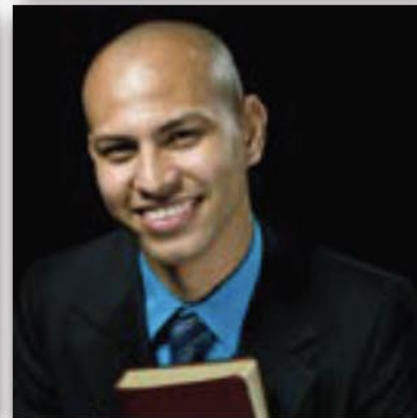
Gathering First Fruits Summit

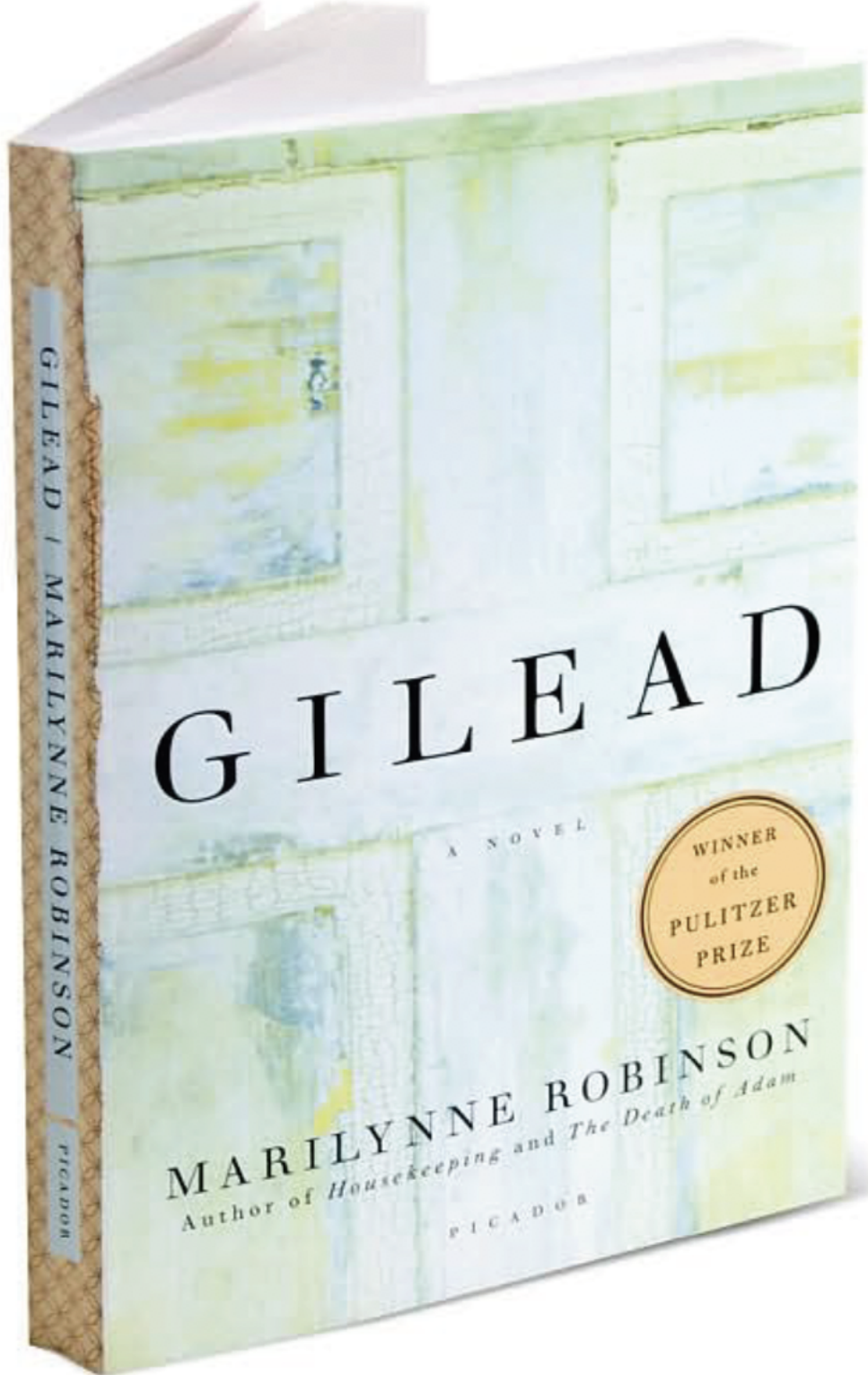


fm
FLOURISHING
IN MINISTRY

Matt Bloom and the
Flourishing in Ministry team

fm
FLOURISHING
IN MINISTRY





GILEAD | MARILYNNE ROBINSON

PICADOR

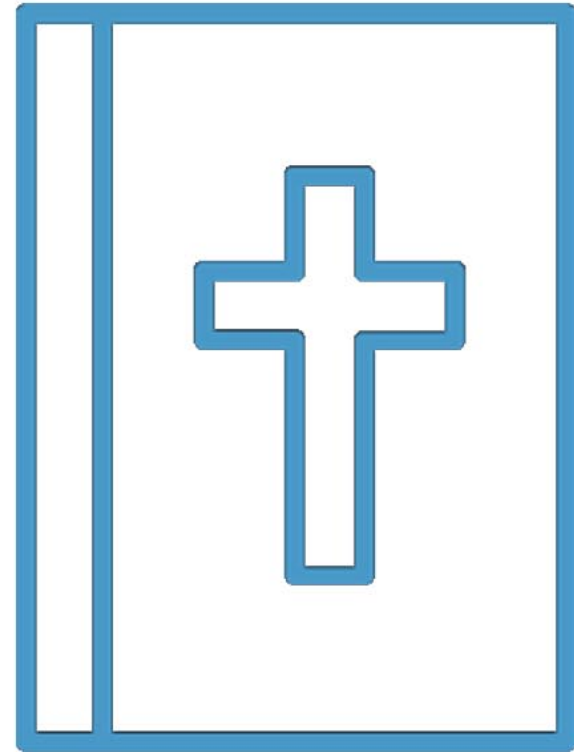
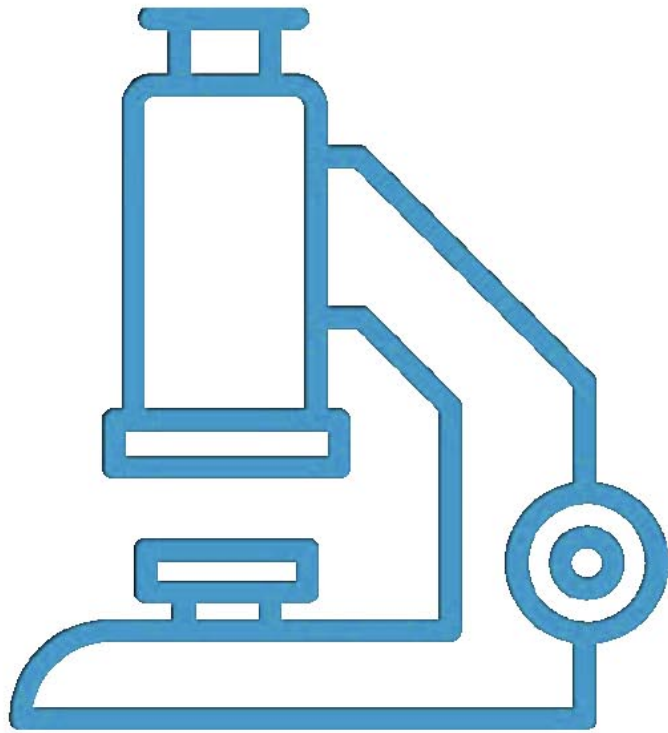
GILEAD

A NOVEL

WINNER
of the
PULITZER
PRIZE

MARILYNNE ROBINSON
Author of Housekeeping and The Death of Adam

PICADOR



Our time together...



SOCIAL ECOSYSTEM

RESILIENCE

self-care

DAILY WELLBEING

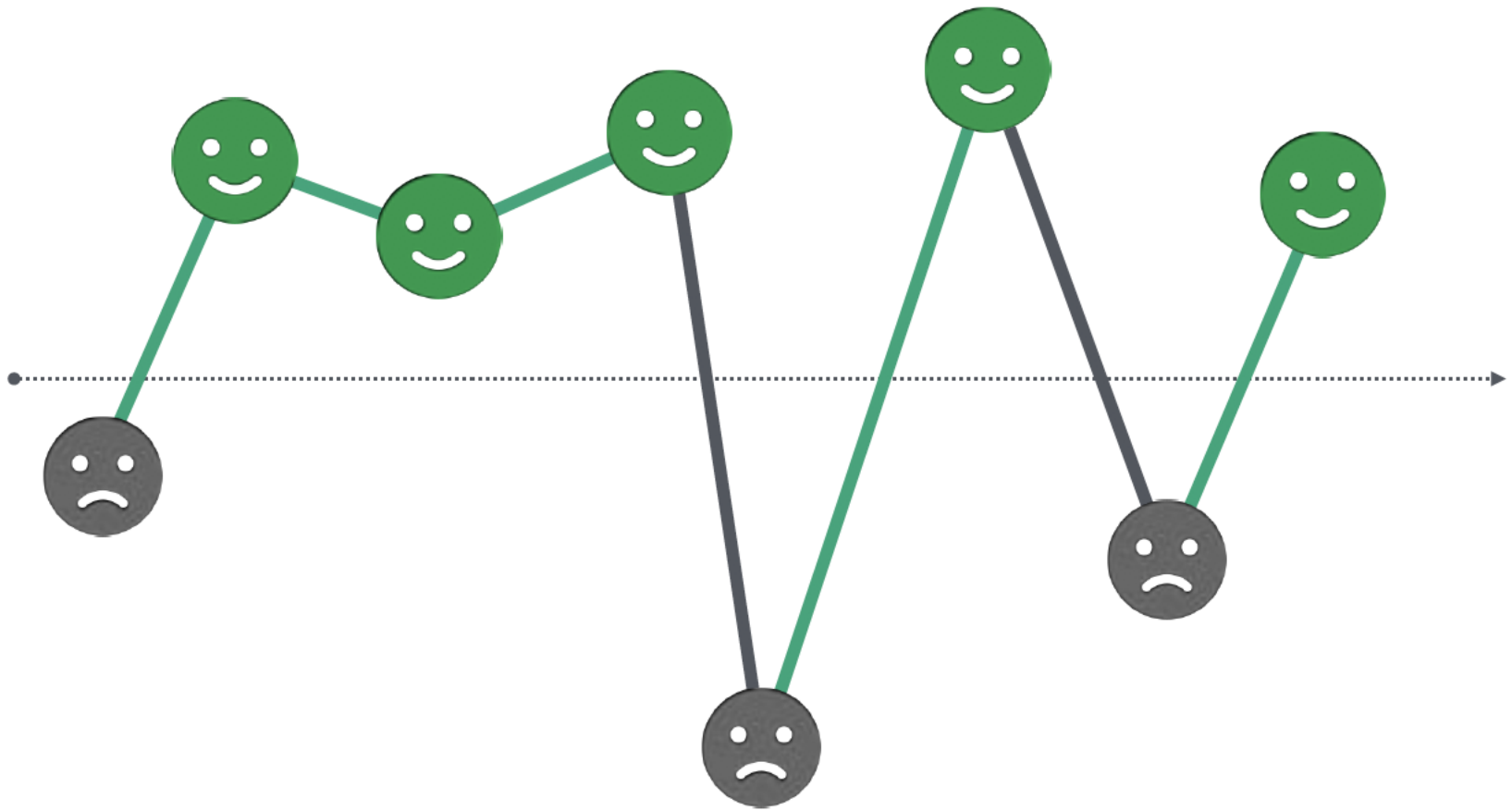
WELLBEING MODEL

THRIVING

AUTHENTICITY









Happiness

Authentic
happiness

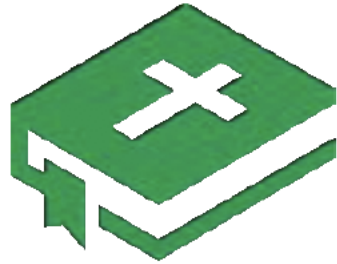
Is happiness
good for people?



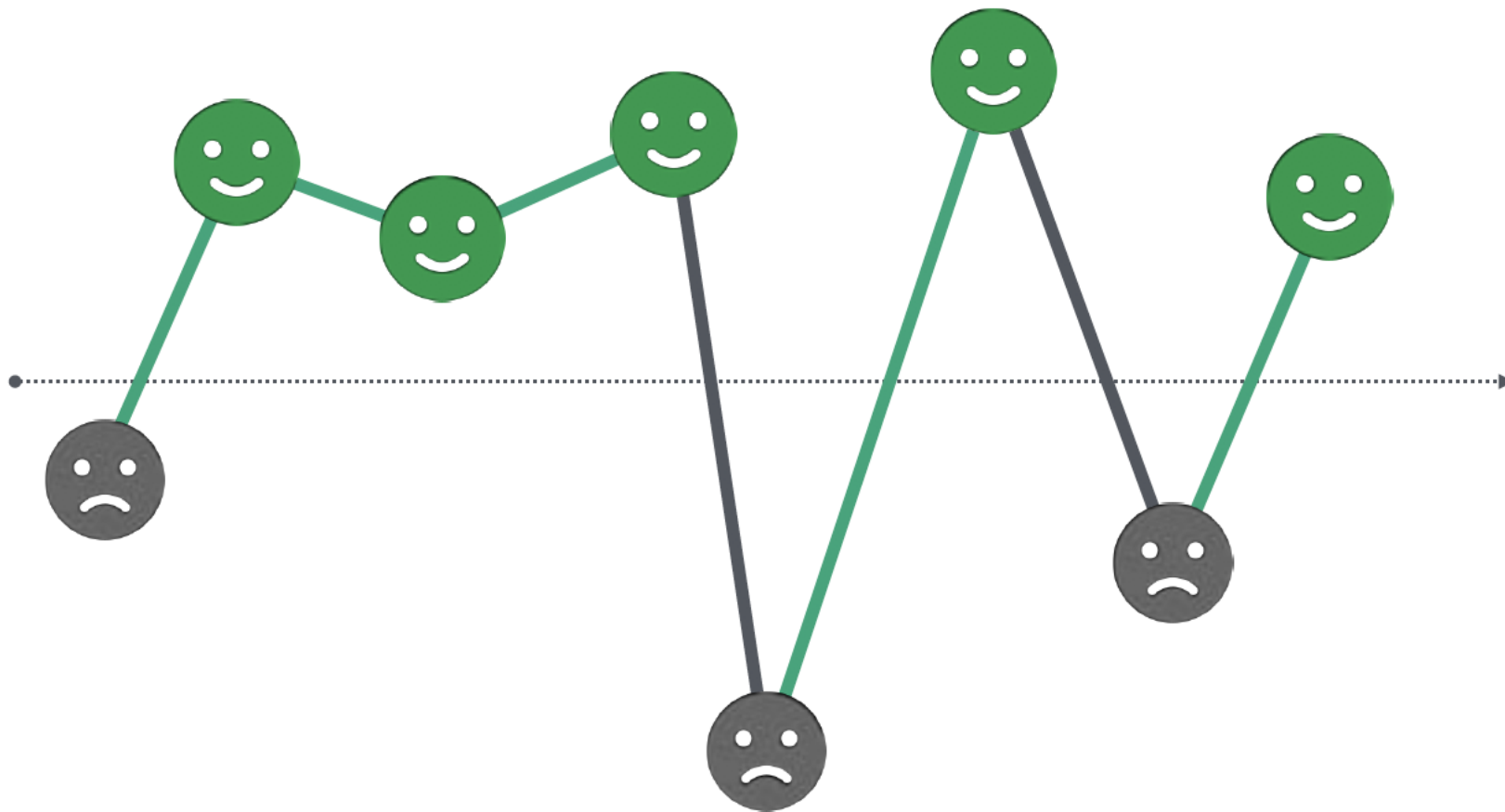
Money matters
for happiness.

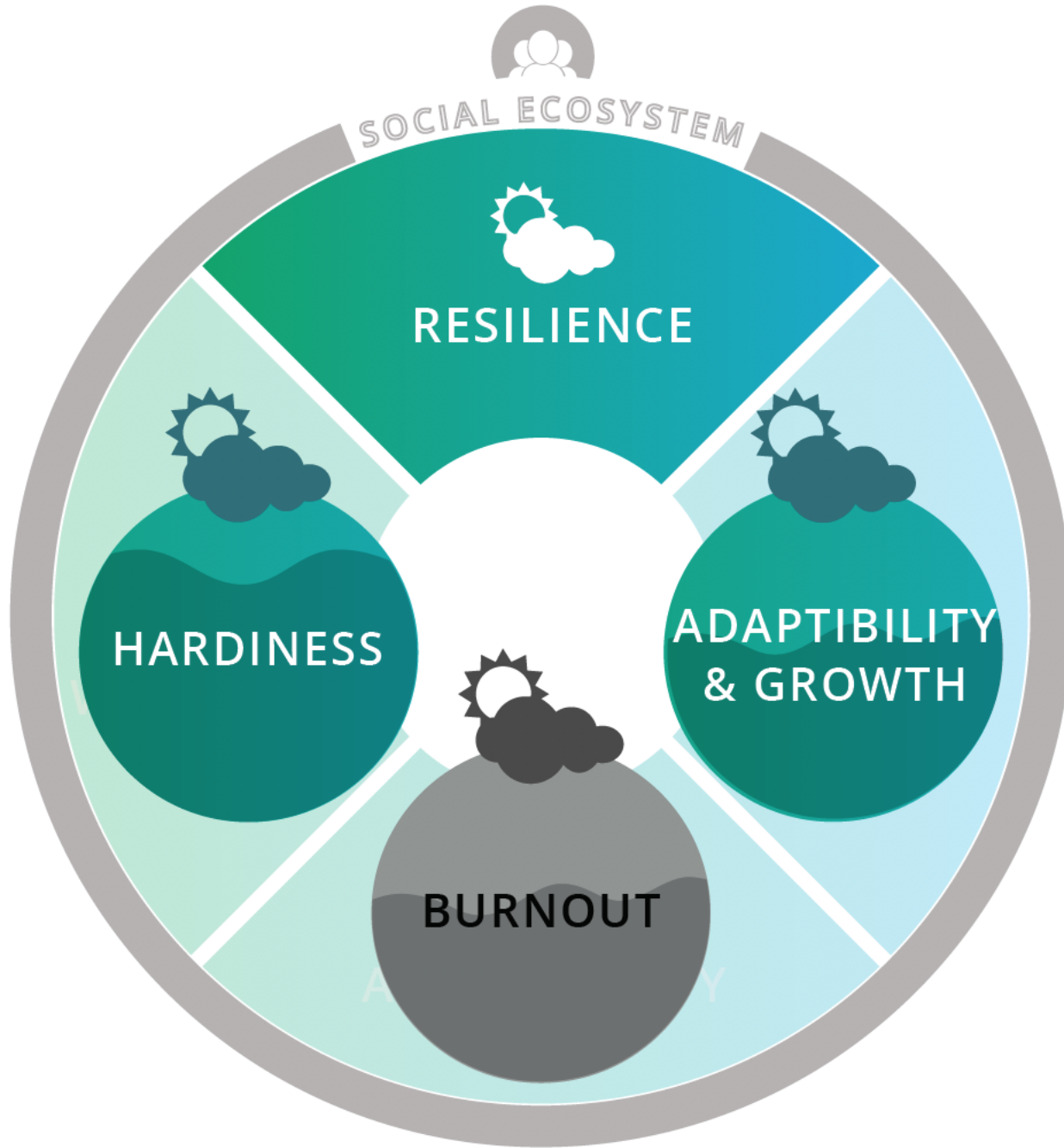


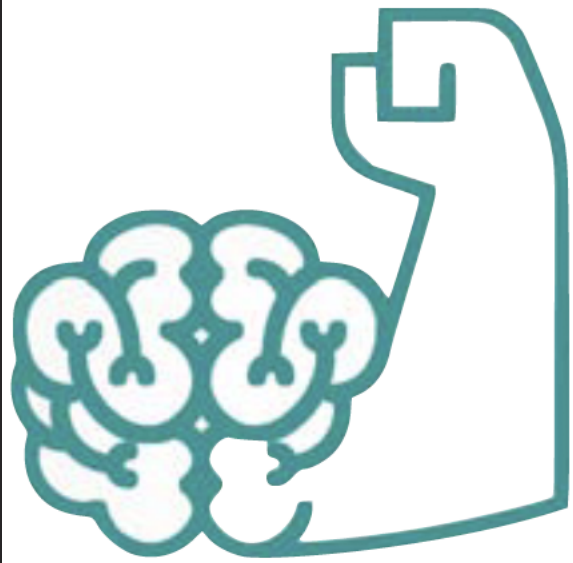
the **love** of money...







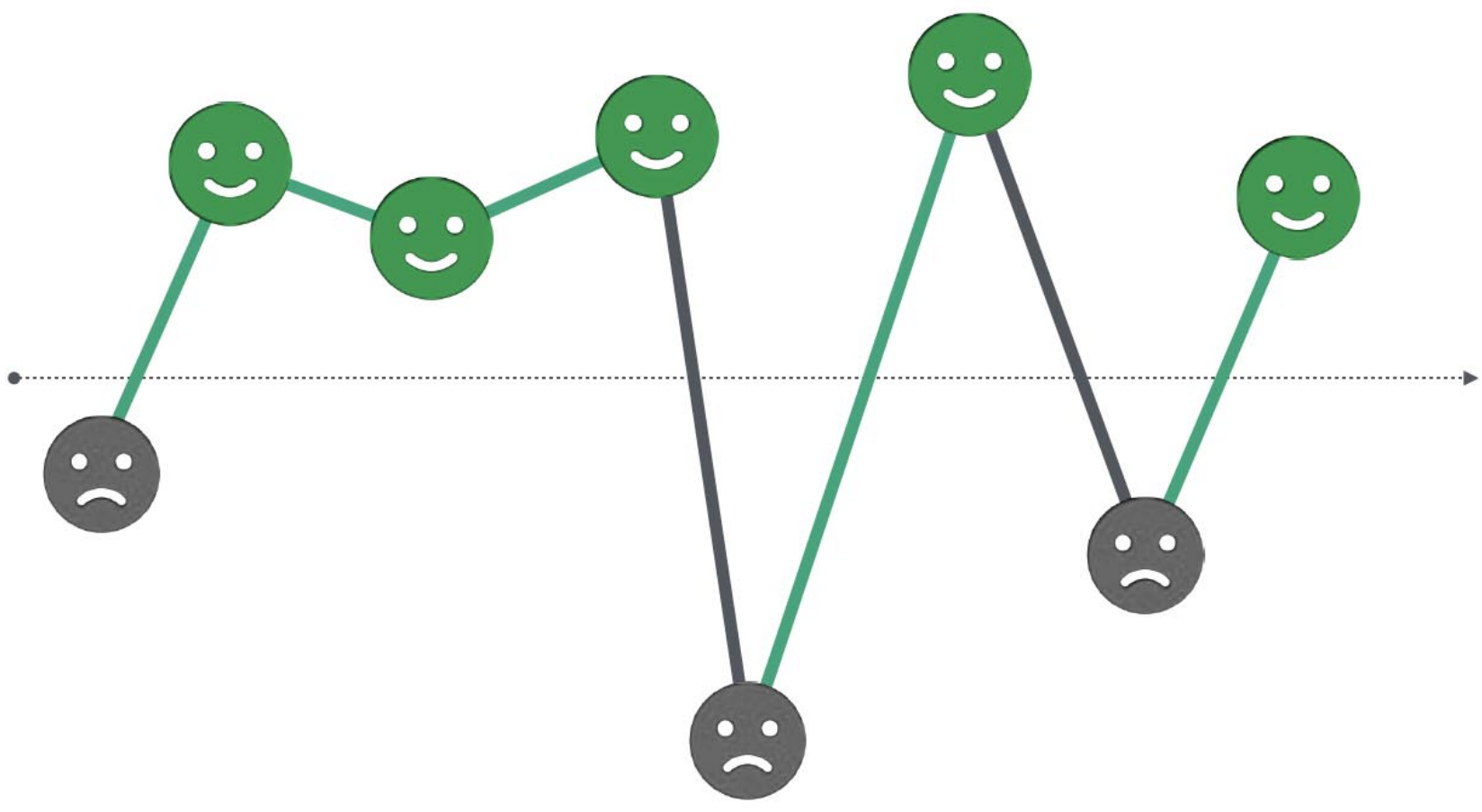




- weakened with use
- strengthened with “practice”



Sunday morning





Quiet self



Strength of calling



The financial side of wellbeing

1 in 5 millennials with debt expect to die without ever paying it off

Megan Leonhardt | [@Megan_Leonhardt](#) | 23 Hours Ago

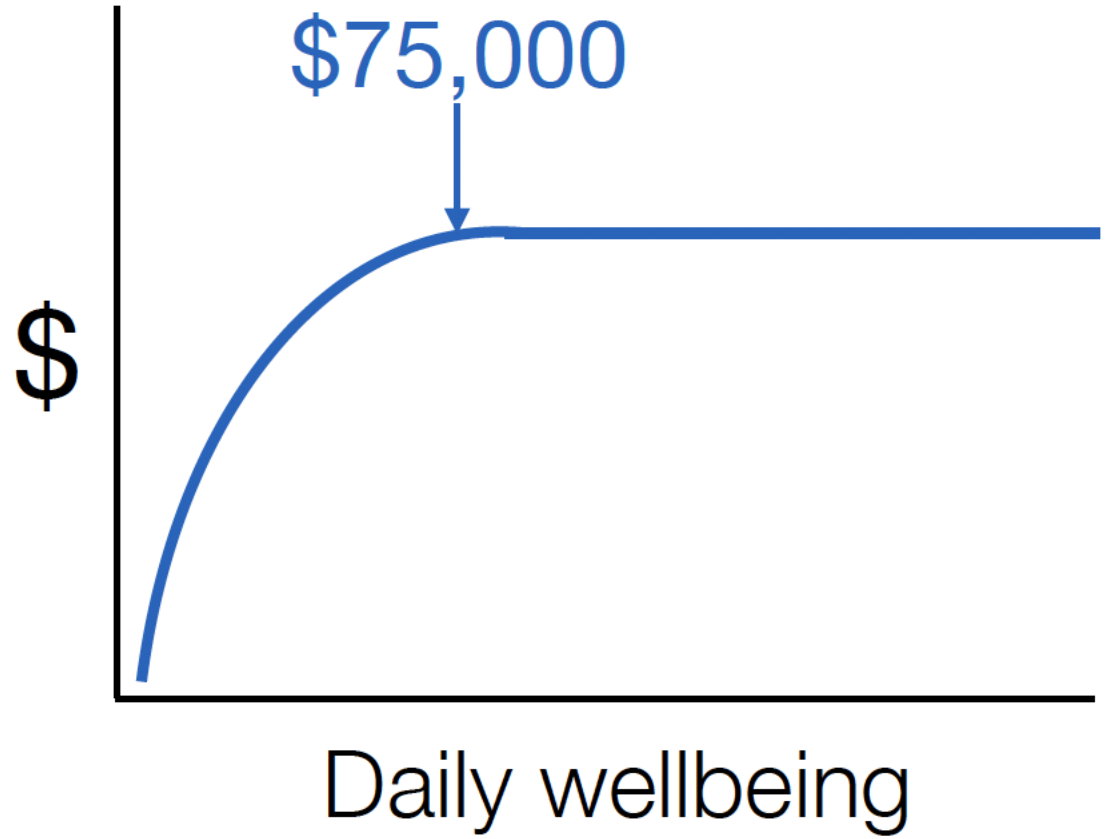




**More than 1/2 of all
Americans feel
anxious or insecure
about their personal
finances.**













Whitehall Studies

Death among lowest
paid **3** times the rate of
highest paid.

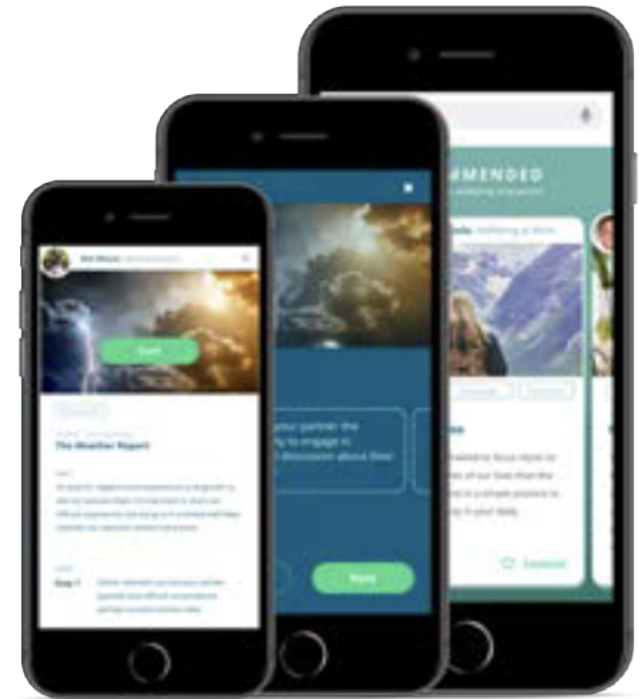
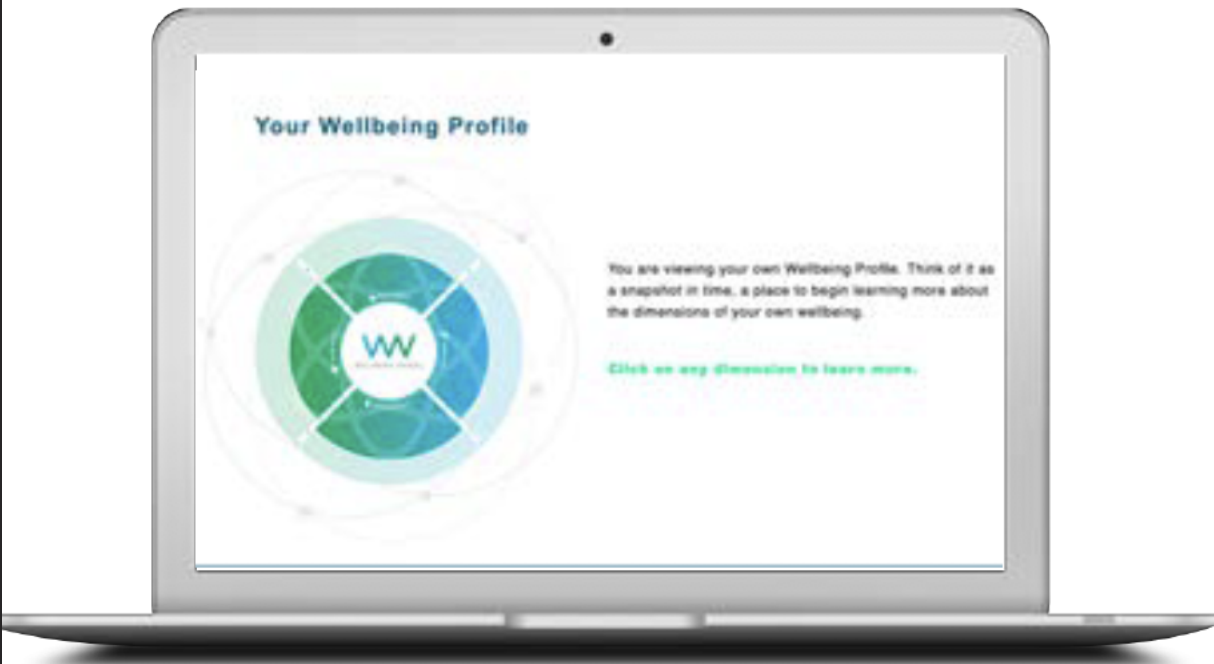




- **Pastor — Parishioners**
- **Pastor — Other pastors**

Trajectories of wellbeing





No matter where you are...

flourishing.nd.edu



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IN MINISTRY

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Gathering First Fruits Summit



Matt Bloom, PhD

